
DECLUTTERING CHECKLIST

To ditch 5 things in 5 minutes ask yourself:

Do I like it?

- Is it just plain ugly?
- Does it have a funny smell you can't get rid of?
- Do I like the colour?
- Does the texture feel nice?

Do I use it?

- Is it 2 sizes away from fitting me?
- Have I used it in the past 3 years?
- Have I opened it recently?

What is it's hassle factor?

- Will I ever finish it?
- Does it need repairs I am never going to get round to?
- Will I use it if it is mended?
- Do I have the materials to fix it?
- Is it a nasty tangle of stuff that I am never going to disentangle?

Why am I keeping it?

- Am I just keeping it because someone gave it to me?
- Am I keeping in the hope it will have value one day?
- Is it a part of something else I lost a long time ago?
- Would something else I have do the same job as it?
- Have I got more than one of them?
- Do I need that many?
- Is it cheap and easy to replace?

How does it make me feel?

- Does it have bad memories?
- Does it make me feel guilty?

If you love it; keep it, if you don't then ditch it!

Have nothing in your house that you do not know to be useful, or believe to be beautiful.

William Morris.

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