
DECLUTTERING CHECKLIST

Today, head into your kitchen and open a drawer.

Kitchen drawers are famously terrible places for clutter to gather and party, it's time for you to come down heavy on them and stop their fun.

It may be that you do actually use the special tool that makes carrots into spirals, or the toffee hammer, or the cracked drinking straws. If so, move onto the next drawer.

You have 5 minutes!

Ask yourself:

- Do I use it?
- Do I like it?
- Is it a part of something else I lost a long time ago?
- Does it need mending?
- Should it be there?
- If it's a tool, would a knife do just the same job?

- Have I got more than one of them?
- Do I need that many?
- Is it a nasty tangle of stuff that I am never going to disentangle?

If, on your way, you find broken things then throw them away or recycle them.

You can count them in your 5 things too if you like.

The whole point of this is to get your home full of usable things that you like and that make you feel good.

If you don't fancy tacking a kitchen drawer try the bathroom, or your bedroom.

Just 5 minutes for 5 things. It's easy.

Colour in the stars when you have done them.



Have nothing in your house that you do not know to be useful, or believe to be beautiful.
William Morris.

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